



## City of Goodyear 2019 Swim Lessons Parent and Child Aquatics

### Purpose

Parent and Child Aquatics is designed for children between the ages of 6 months and 3 years of age, and their parents. The purpose of the course is to familiarize children with the water and teach swimming readiness skills. In addition, Red Cross Parent and Child Aquatics provides safety information for parents and teaches parent techniques they can use help orient their children to the water.

### Description

This class introduces basic skills to parents and children. Parents learn how to safely work with their children in the water, including how to appropriately support, and hold their child in the water and how to prepare and encourage their child to participate fully and try the skill. Children receive an introduction to basic skills that lay the foundation for learning to swim. In addition, parents are introduced to several water safety topics.

### Prerequisites

Parent Participation is required; 1 child to 1 adult ratio for the safety of the child. All child participants must be in a swim diaper for public health and sanitary reasons.

### Exit Skill Assessment

None

### Parent Child Classes Offered Summer 2019

Classes are small in size to give participants the opportunity to work closely with an instructor to learn how to swim; minimum participation 6, maximum 8.

#### Session 1: May 20 - 31 – No class May 27

9:50 am  
11:10 am

#### Session 4: July 1 - 12 – No Class July 4

10:30 am  
4:40 pm  
6:00 pm

#### Session 2: June 3 - 13

11:10 am  
4:00 pm  
4:40 pm  
5:20 pm

#### Session 5: July 16 - 27

10:30 am  
11:10 am  
5:20 pm  
6:00 pm

#### Session 3: June 17 - 27

9:50 am  
10:30 am  
11:10 am  
4:40 pm  
5:20 pm