

*City of Goodyear*  
**INFOCUS**

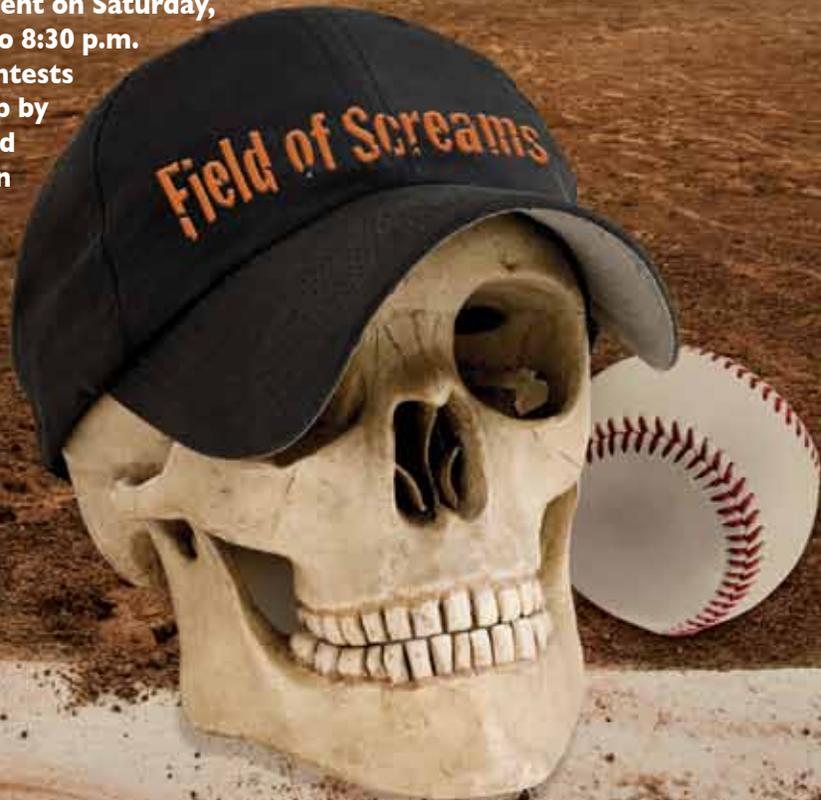
Oct/Nov 2010 Volume 25 / Issue 6

**Field of Screams**  
**Saturday, October 30**  
**5 to 8:30 p.m.**  
**Goodyear Ballpark**

Join us at Goodyear Ballpark for the Field of Screams event on Saturday, October 30 from 5 to 8:30 p.m.

All-ages costume contests at 6, 7 and 8 p.m. Stop by the pumpkin patch and pick your own pumpkin to decorate, wander through the hay maze, make-and-take arts and crafts, enjoy rides and trick-or-treat at vendor booths. Admission and parking are free; nominal fee for some activities. Concessions will be available for purchase.

Sponsored by APS, Hilgers Orthodontics and Hilgers Pediatric Dentistry



Look what's inside this issue



# Trash Collection Service

Tan garbage containers, green recycling containers, and bulk trash may be placed out no sooner than 6 p.m. the night before your designated collection day and must be placed out no later than 6 a.m. on your collection day. There is no collection service on holidays: trash and recycling pickup shifts to the next day; bulk trash is collected on the next regular designated pickup day for that zone. For more information, maps, and holiday schedules, please visit [www.goodyearaz.gov](http://www.goodyearaz.gov) (go to *Residents; Trash, Recycling & Bulk Trash*), call City of Goodyear Sanitation at 623-932-3010, or e-mail [gyworks@goodyearaz.gov](mailto:gyworks@goodyearaz.gov).

## Contained Garbage & Recycle Collection Day Zones

	Perryville Rd	Citrus Rd	Cotton Ln	Sarival Ave	Estrella Pkwy PebbleCreek Pkwy	Bullard Ave	Litchfield Rd	Dysart Rd
Camelback Rd								
Indian School Rd							Wigwam	
Thomas Rd		2 Tuesday					1 Monday	
McDowell Rd								
Interstate 10								
Van Buren St								
Yuma Rd Western Ave						3 Wednesday		
Lower Buckeye Rd								
Broadway Rd							4 Thursday	
Southern Ave								
Baseline Rd								
Beloat Rd								
Elliot Rd								
Narramore Rd							5 Friday	
Ray Rd								
Williams Field Rd								
Pecos Rd								

## Twice-A-Month Bulk Trash Collection Day Zones

	Perryville Rd	Citrus Rd	Cotton Ln	Sarival Ave	Estrella Pkwy PebbleCreek Pkwy	Bullard Ave	Litchfield Rd	Dysart Rd
Camelback Rd								
Indian School Rd				A			Wigwam	
Thomas Rd				B		C	D	
McDowell Rd								
Interstate 10								
Van Buren St							G	
Yuma Rd Western Ave				E	F			
Lower Buckeye Rd								
Broadway Rd					H			
Southern Ave								
Baseline Rd							I	
Beloat Rd								
Elliot Rd								
Narramore Rd						San Miguel		
Ray Rd								J
Williams Field Rd								
Pecos Rd								

- A 1st & 3rd Thursdays
- B 1st & 3rd Mondays
- C 1st & 3rd Tuesdays
- D 2nd & 4th Tuesdays
- E 2nd & 4th Mondays
- F 2nd & 4th Thursdays
- G 1st & 3rd Fridays
- H 2nd & 4th Fridays
- I 1st & 3rd Wednesdays
- J 2nd & 4th Wednesdays

### Bulk Trash

Bulk trash are items that are too bulky to fit in the trash container such as tree limbs, furniture, and appliances. **DO NOT** place bulk trash on driveways, sidewalks, electrical boxes, cable boxes, mail boxes, light poles, water meters, landscape, or where it may be a hazard to pedestrians or vehicles.

- Place bulk trash in the street, next to the curb.
- Brush should be cut to 4' lengths.
- Grass clippings must be double-bagged.
- Cacti must be placed in sealed boxes.
- It is the resident's responsibility to clean up small debris that may remain after collection.

### Not Allowed for Bulk Collection

Household waste, hazardous materials, large auto parts, boats, tires, oil, rocks, dirt, construction materials such as roofing, drywall and concrete.

## Council Corner

Councilmember Joe Pizzillo



I'd like to take this opportunity to thank the residents of Goodyear for their efforts in building community within our city. Many residents have made a positive impact on the lives of their fellow neighbors. Here are some highlights of individuals coming together to give of themselves through their time and labor to enrich our neighborhoods.

Historic Goodyear, North Subdivision and Centerra residents have contributed to several neighborhood projects, including upgrading the park master plan for Loma Linda Park, beautifying Parque de Paz, painting over graffiti and organizing neighborhood clean-ups. Residents of Legacy Ranch came together to clean up 30 homes littered with debris and overgrown with weeds. Hundreds of volunteers give thousands of hours of their time organizing our G.A.I.N. event, patrolling streets on neighborhood watches, and providing administrative assistance to many City departments. We have active members in Estrella who created Goodyear in Action Day, bringing families together to raise awareness for healthy lifestyles. In PebbleCreek, volunteers help seniors in need and find homes for stray pets.

These are just a few examples of residents who are building a feeling of community and civic pride that we all enjoy. Neighborhoods are the heart and soul of the City, and within each of us there is a call to action that keeps us thriving with warmth and unity.

Thank you for your commitment in keeping Goodyear an exceptional place to live. For more information about becoming a volunteer, contact Judi Switaneck at 623-882-7807, or e-mail [judi.switaneck@goodyearaz.gov](mailto:judi.switaneck@goodyearaz.gov).

# Supporting Solar and Renewable Energy

The Greater Phoenix Economic Council (GPEC) recently extended its appreciation to Mayor James Cavanaugh and all Councilmembers, Representatives Jerry Weiers and Steve Montenegro for their support of GPEC's efforts to expand the renewable energy industry in Arizona. SBI403 Renewable Energy; High Wage Incentives was passed and signed into law during the 49th Legislature First Regular Session with their support. Weiers and Montenegro are the legislative representatives for District 12, which includes the City of Goodyear. SBI403 created a new tax incentive program with refundable income tax credits and property tax incentives for companies expanding or locating new renewable energy operations in Arizona. The creation of this incentive program was instrumental in bringing Suntech, the world's largest manufacturer of crystalline silicon photovoltaic modules, to Goodyear.



Left to right: Representative Steve Montenegro, Mayor Jim Cavanaugh, GPEC CEO Barry Broome, and Representative Jerry Weiers

Household Hazardous Waste Day is Oct. 30. See page 6.

Household hazardous waste materials can be taken to PSC Industrial Service 2003 W. McDowell Rd. 602-252-1186 (fees apply) or Envirosolve 2844 W. Broadway Rd. 602-276-7602 (fees apply)

Please take electronics to White Tanks Transfer Station 18605 W. McDowell Rd. 623-853-1707 (fees apply)

Place containers on the street, with wheels against the curb. Bag and tie all garbage. Do not place plastic bags in the green (recycling) container.

### What to Recycle

Paper: office paper, envelopes, junk mail, newspaper, magazines, telephone books, paper bags.

Glass bottles and jars (rinse lightly).

Plastics #1 - #7 (please check for the chasing arrows recycling symbol; rinse lightly to clean these items): bottles, bottle caps, packaging, cups, food containers.

Aluminum/steel/tin cans (rinse lightly).

Cardboard/chipboard: office supply boxes, cereal boxes (clean, empty and broken down).

Carton: milk, juice, creamer (rinse lightly).

### What NOT to Recycle

Plastic bags, rocks, dirt, blocks, bricks, concrete, drywall, paint, thinners, gas, oil, car batteries, tires, tree limbs, packing popcorn, styrofoam, wood, electronics, aluminum foil, hard-bound books, tissues, napkins, paper towels, paper plates, shredded paper, foil wrapping, waxed paper/boxes, windows, mirrors.

## Holiday Schedule

Veterans Day  
Thursday, November 11

Thanksgiving  
Thursday, November 25  
and Friday, November 26

City Offices Closed

### Sanitation Collection:

Container collection service for each zone will be shifted to one day later than your normal collection day following Thursday, November 11, Veterans Day and Thursday, November 25, Thanksgiving Day. There will be service on Friday, November 26.

There will be **NO BULK COLLECTION** service provided on Thursday, November 11, Veterans Day, Thursday, November 25, Thanksgiving Day, and Friday, November 26. If your designated day falls on one of these holidays, your bulk trash will be collected on the next regular designated pickup day for your zone.

Visit [goodyearaz.gov](http://goodyearaz.gov) for more information.



## Goodyear City Council



Joe Pizzillo, Frank Cavaliere, Vice Mayor Georgia Lord, Mayor Jim Cavanaugh, Dick Sousa, Joanne Osborne, and Sheri Lauritano

### Goodyear City Council Calendar

Monday, October 25  
Work Session - 5 p.m.

Monday, October 25  
Regular Meeting  
immediately following  
Work Session

Monday, November 1  
Work Session - 5 p.m.

Monday, November 8  
Work Session - 5 p.m.

Monday, November 8  
Regular Meeting  
immediately following  
Work Session

Monday, November 15  
Regular Meeting - 4 p.m.

Monday, December 6  
Work Session - 5:30 p.m.

Monday, December 6  
Regular Meeting - 6 p.m.

Monday, December 13  
Regular Meeting - 6 p.m.

Council meetings and work sessions are held at the Justice Center, at 185 N. 145th Ave. Visit [www.goodyearaz.gov](http://www.goodyearaz.gov) for meeting schedules and to watch meetings.

Cut along the line and keep for easy reference.

## Goodyear Welcomes Suntech and Sub-Zero City Manager John F. Fischbach

It is with great pleasure that I extend our warmest welcome to two of Goodyear's newest businesses: Suntech Arizona, Inc. and Sub-Zero, Inc.

Sub-Zero, Inc., the manufacturer of luxury refrigeration, freezer and wine storage units, just announced that it has purchased the Palm Valley 303 building at Indian School Road and Loop 303. It will be moving its current Phoenix operation to Goodyear, bringing approximately 288 employees from its current facility. Sub-Zero will also be relocating two product lines and 100 jobs to Goodyear from its Madison, Wisconsin facility.

After spending more than two years on a nationwide search in 17 states, Suntech Power Holdings Co. opened its first solar module production site in North America in Goodyear on October 8. The City and the Greater Phoenix Economic Council worked closely with Suntech, one of the world's leading solar companies, to locate the plant in our community. The China-based business will employ more than 75 people before the end of this year and is already planning to expand to 150 or more employees by late 2011.

Governor Jan Brewer spoke at the grand opening along with Suntech founder, Chairman and CEO Dr. Zhengrong Shi, Goodyear Mayor Jim Cavanaugh, and Rhone Resch, President and CEO of the Solar Energy Industries Association.



City Manager John Fischbach



## Reverse 911 for Cell Phones Now Available for Goodyear Residents

When disasters strike or emergencies happen, Goodyear residents can now receive Reverse 911 calls on their cell phones. City residents can register up to three cell phone numbers per household/e-mail, linking those mobile contacts to their home addresses.

Once registered, residents will receive emergency notification on their mobile phones regarding any emergency occurring in the area or involving their home address. Notification is sent regardless of the whereabouts of the cell phone user. Whether residents are at home, work, shopping or traveling, they will receive emergency notifications via Reverse 911 once they are registered.

This is an ideal tool for family safety planning, allowing parents, children, and caregivers to stay informed about dangerous or emergency situations such as law enforcement activities, utility failures, and fires like the disastrous blaze that left many homes in San Bruno, California in ashes after a gas line ruptured and exploded.

To register cell phones for the Reverse 911 system, Goodyear residents can log on to [www.goodyearaz.gov](http://www.goodyearaz.gov), click on the Reverse 911 registration icon and enter the information requested. Residents will receive a confirmation e-mail within 24 hours of submission with instruction for completing the activation process. Once registered, the cell phone numbers will be added to the active list of numbers to be contacted by the Community Emergency Notification System provider and Maricopa Association of Governments.



## 2011 City Election Nomination Petitions Must Be Filed Between November 8 and December 8, 2010

The City of Goodyear will be holding Council member elections in 2011. The primary election will be held on March 8, 2011. The general election, if needed, will take place on May 17, 2011.

Three Council seats, each for terms of four years, are up for election. All candidates must be residents of the City of Goodyear for two years before the date of the election. Council candidates must be at least 21 years of age. For more information, visit Goodyear's website at [www.goodyearaz.gov](http://www.goodyearaz.gov).

If you are interested in running for Council, candidate packets are available at the Office of City Clerk, 190 N. Litchfield Rd. Call 623-882-7826 in advance to schedule an appointment to pick up a packet so that one may be prepared for you. The first day to submit Nomination Petitions is November 8, 2010, and the deadline for filing all Candidate Packets is 5 p.m., December 8, 2010.

If you would like to vote and are not a registered voter, the registration deadline is February 7, 2011. Go to: [www.recorder.maricopa.gov/web/regform.aspx](http://www.recorder.maricopa.gov/web/regform.aspx) to register.

## Se Aproximan las Elecciones de la Ciudad del 2011 La Ciudad de Goodyear tendra elecciones para elegir miembros del ayuntamiento para el 2011. Elección Primaria: 8 de marzo de 2011 Elecciones Generales: 17 de marzo de 2011 (en caso necesario)

Para elegir a tres Concejales (cada puesto por un término de 4 años). Cada candidato debe ser residente de la ciudad, por dos años antes de la fecha de la elección. Los candidatos para concejal deben tener por lo menos 21 años de edad y los candidatos para. Si desea obtener más información, visite nuestro sitio web [www.goodyearaz.gov](http://www.goodyearaz.gov).

Si le interesa estar en liza para uno de los puestos de concejal, los paquetes de información para los candidatos están disponibles en la oficina de la Secretaria de la Ciudad, 190 N. Litchfield Rd. Llame al 623-882-7826 para hacer un cita para recoger su paquete de información.

El primer día para presentar una petición de propuesta para la candidatura es el 8 de noviembre de 2010 y la fecha límite para la candidatura es el 8 de diciembre de 2010 a las 5 de la tarde.

Si le gustaría votar y todavía no es un elector registrado, la fecha límite para registrarse es el 7 de febrero de 2011. Para registrarse visite la página de internet: [www.recorder.maricopa.gov/web/regform.aspx](http://www.recorder.maricopa.gov/web/regform.aspx).

## Twelve Neighborhoods Celebrated G.A.I.N.

Goodyear residents gathered at G.A.I.N. – Getting Arizona Involved in Neighborhoods at the Goodyear Ballpark on October 16. The goal of G.A.I.N. is to encourage neighbors to meet one another, strengthen communities, and promote safer neighborhoods. The City of Goodyear would like to thank the G.A.I.N. Planning Committee, made up of residents and staff, who worked many hours planning the event. Special thanks to all our Taste of Goodyear participating restaurants. A special thank you to our generous sponsors who made this event possible: Cancer Treatment Centers of America, Southwest Ambulance, Cleveland Indians, Cincinnati Reds, Franklin Pierce University, Palm Gate RV & Storage, and B.T. Bouncies.



## Free Business Workshop Sponsored by the City of Goodyear

Mark your calendars and be sure to register for Goodyear's next Business Workshop. Topics include:

- Free business advertising and job postings on the City of Goodyear website for all registered Goodyear businesses
- Business Registrations – Who must register, requirements and yearly renewals
- Sales Tax – How much to charge, what deductions to take, assistance with completion of TPT (state sales tax) return; your questions answered
- Sale of Fireworks – How new state law and regulations might affect you

1 to 5 p.m., Wednesday, November 17  
Goodyear City Hall, 190 N. Litchfield Rd., Room 117

To register, call 623-882-7899 or 623-882-7874.





## Goodyear Residents Only: Bring Household Hazardous Waste to Goodyear City Hall Saturday, October 30 from 8 a.m. to Noon

With the holidays approaching and the weather cooling down, there's no better time to clean up your garage, yard and home. Goodyear residents can drop off their household hazardous waste from 8 a.m. to noon on Saturday, Oct. 30 in the parking lot at Goodyear City Hall, 190 N. Litchfield Rd. at the southwest corner of Van Buren Street. Vehicles must enter only from the driveway on Van Buren Street on the north side of City Hall. There is no charge, but proof of Goodyear residency, such as a recent Goodyear utility bill is required. This event is for residential hazardous waste only. Commercial waste will not be accepted. Please transport waste materials in a cardboard box in the trunk or truck bed of vehicles.

### Acceptable items include:

- Home repair chemicals: paint, thinners, solvents, adhesives
- Automotive liquids: motor oil, anti-freeze, car batteries, gasoline
- Electronics: TVs, cell phones, VCRs, computers
- Lawn chemicals: pesticides, herbicides, fertilizers
- Household items: batteries, poisons, pool chemicals, fire extinguishers
- Up to 5 passenger-type tires (no wheels or rims and no truck tires)

### Items NOT accepted include:

Large truck tires, passenger tires with rims, 55-gallon drums of waste, air conditioners, appliances, ammunition, biological and medical waste, glass, metals, plastics, water heaters.

For a full list of acceptable and unacceptable household hazardous waste items, visit [www.goodyearaz.gov](http://www.goodyearaz.gov) or call City of Goodyear Public Works at 623-932-3010.

This summer, Goodyear hosted a Household Hazardous Waste Disposal event and collected more than 56,000 pounds of materials, including:

- 24,600 gallons of paint – enough to fill an average-sized swimming pool
- 8,360 gallons of used motor oil – enough to fill 199 barrels
- 5,260 gallons of unwanted or unusable motor fuel – enough to power a car that gets 20 m.p.g. for 9 years
- 4 tons of electronic waste – that's 8,000 pounds of circuit boards, monitors, cables, and controls

## Goodyear Fill-A-Need Program Accepting Holiday Donations Through December 3

The Goodyear Fill-A-Need program is getting ready to help brighten the 2010 holiday season, helping to connect families in need with generous gifts and donations by City of Goodyear employees, residents, and local businesses. The program traditionally provides gifts for children such as toys, clothing, and school supplies.

Donations will be accepted through December 3. Citizens, businesses and civic organizations can participate in the program by donating items such as new unwrapped toys, money, holiday gift wrapping supplies, and service. Cash donations are especially welcome and complement the generous discounts given by retailers. Make checks payable to Adopt a Family. Donations of items and cash can be brought to Goodyear City Hall lobby at 190 N. Litchfield Rd. at the corner of Litchfield Road and Van Buren Street. Please leave donated items unwrapped.

All donations and purchased items are wrapped and personally delivered by volunteers. In 2009, more than 45 families experiencing crisis or financial difficulty were served.

Arizona law requires state and local governmental agencies to obtain documentation from individuals applying for federal, state, and local public benefits to verify their eligibility for such benefits. Therefore, all applicants for the Fill-A-Need program will be required to fill out a Public Assistance Verification form and provide supporting documentation as needed. To learn more, call 623-882-7765.



## Fire Pal Donations Needed

The Fire Pal program is just getting started, and Goodyear Fire Pal Dave Acero is leading the effort to collect new and gently-used stuffed animals, toys, and clothing for preschool through fifth grade students in Goodyear.

Fire Pal Dave Acero has seen how rough the effects of this economy have been on our youngsters. With chilly mornings and cool afternoons, socks and jackets are among the most-needed items for children between 4 and 10 years old. New and gently-used toys will find their way into grateful little hands.

Fire Pal donations can be dropped off between 8 a.m. and 4 p.m. at the Fire Administration building located at 175 N. 145th Ave., at Van Buren Street and 145th Avenue. The Fire Pal program is not affiliated with the City of Goodyear's annual Fill-A-Need program. For information, call 623-932-2300.

## Water Line Protection Program Available Through Private Company

In early October, Goodyear homeowners may have received a mailed solicitation from American Water Resources of Arizona for their Water Line Protection Program. The Water Line Protection Program is being offered for \$5 a month/\$60 annually. This is a service that American Water Resources offers throughout the United States and is **optional** for homeowners.

American Water Resources (a subsidiary of American Water) is a private company. Their company and this program are not affiliated with the City of Goodyear or the Public Works Department in any way. The City of Goodyear is neutral on the solicitation and the Water Line Protection Program.

Homeowners are responsible for the water lines that run from their home to their water meter. Should a leak or break occur to this portion of the water line, the homeowner is responsible for the repair. The City of Goodyear Public Works Department is responsible for maintenance and repair of the water lines from the water meter to the street.



According to American Water Resources' website, the Water Line Protection Program covers the costs of repairs (up to \$5,000 per occurrence) for leaks or breaks in the customer-owned portion of the water line caused by normal wear and tear.

Should a homeowner decide to purchase this protection program, all interaction is between the homeowner and American Water Resources. The monthly charge for this service will be paid directly to American Water Resources and will not appear on the resident's monthly City of Goodyear utility bill.

For more information about American Water Resources or the Water Line Protection Program, visit [www.amwaterresources.com/GoodyearAZ](http://www.amwaterresources.com/GoodyearAZ). Homeowners may also wish to consult their homeowner's insurance policy about coverage.



## Goodyear Ballpark Wins Top Awards

The Goodyear Ballpark Spring Training entries won two International Festivals & Events Association (IFEA) 2010 Pinnacle Awards: Gold Award for Best Overall Sponsorship Program, and Silver Award for Best Event Program. IFEA paid tribute to Goodyear Ballpark Spring Training during the IFEA/Haas & Wilkerson Pinnacle Awards Ceremony in St. Louis, Missouri on Sept. 15. Goodyear competed with entries from some of the world's top festivals and events, representing venues in Poland, the Netherlands, Slovenia, Singapore, and South Korea. IFEA supports festival and event professionals worldwide.



## Please Watch the Signs

As the weather cools, yard sales and garage sales are more popular than ever. Goodyear City Code allows residents to hold yard sales four times a year. Here are the rules for posting signs for garage sales in Goodyear:

- Garage sale signs shall not exceed six square feet.
- Signs shall not be up for more than three days.
- Signs may not be located on City sidewalks or within the public rights-of-way. Signs placed in these locations can be confiscated by the City.
- Signs may be placed in the permitted areas, but only between sunrise and sunset. Signs shall be removed every day before sunset, or they will be confiscated by the City.
- Do not use cardboard boxes as signs. Cardboard boxes are considered trash and will be removed.

Please obey the City Codes regarding yard sale signs.



## Volunteer Profile

Teresa Wolf became the Volunteer Coordinator for the Goodyear Police Department in March 2010. Some of her duties include administrative work, patrolling, and helping to locate missing children. She became involved with the VIPS (Volunteers In Police Service) program after meeting

Goodyear Police Officer Adam Tellez at a G.A.I.N. event a few years ago. The following year, Wolf became a Neighborhood Block Watch captain. She went on to graduate from the Goodyear Citizens Police Academy and has been with the VIPS program since 2009. She also serves on the Board of Directors for the Goodyear Police Officers Association Charity Foundation.

Growing up, Wolf came to understand that officers put their lives on the line every day to protect the public. Her father retired as Chief of Police in Osage City, Kansas. As a VIPS volunteer, Wolf found a way to give back to her community. Wolf and her husband have been married for 27 years, have two children, and moved to Goodyear in 2007 from Nebraska where they were foster parents for seven years. Until 2008, her favorite hobby was racing stock cars and late models, a family activity that began in 1995 and gave everyone a chance to spend quality time together.

# Library Events

## October - December 2010



**Preschool Story Time** (ages 3-5)  
Mondays, Oct. 25 and Nov. 1, 8, 15, 22, 29  
at 10:30 or 11:15 a.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
Start your week off right with fun stories,  
songs, and activities. Parents may choose  
either the 10:30 a.m. or 11:15 a.m. session.  
For children ages 3-5.

**Book Discussion Group for Adults**  
Mondays, Oct. 25 and Nov. 22 at 1 p.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
Stop by the library to pick up copies of the  
selections. You're invited to bring your lunch.

**Has Reading Gone to the Dogs?**  
Monday, Oct. 25 at 3:30 p.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
As part of The Big Read: The Valley  
Reads *The Call of the Wild*, come and  
meet therapy dogs and their handlers to  
learn about the value of therapy dogs and  
their work, including how they can help  
children improve their reading skills.

**Craft Activity** (ages 4-8)  
Wednesday, Nov. 3 at 3:30 p.m.  
Goodyear Branch Library,  
250 N. Litchfield Rd., Suite 185. 🍷

## Hot Coffee Presents "Southwest Baskets"

Don't miss the next in the free *Hot Coffee* series, "Southwest Baskets,"  
presented by the Heard Museum Guild, at 7 p.m. on Wednesday, Nov. 17,  
at Ground Control Coffee, 14140 W. Indian School Rd.

Speakers will offer a PowerPoint presentation illustrating the various uses,  
materials, and techniques used to create baskets by several Arizona tribes,  
including Apache, Hopi, Navajo, Tohono O'odham, Yavapai, and Akimel O'odham. Join us  
for a discussion about these intriguing baskets and the cultural treasures with which they are associated.

*Hot Coffee* presentations are hosted by Goodyear Parks and Recreation and the Goodyear Arts and Culture  
Commission, and are free and open to the public. No reservations necessary. Coffee is provided courtesy of  
Ground Control. For more information, call 623-882-7809. 🍷



## Goodyear Ballpark is Now on Facebook and Twitter



Goodyear Ballpark's new Facebook and Twitter pages are now live. If you have either of these  
networks, please go in and "Like" or "Follow" us under "Goodyear Ballpark." There is also  
a special "Goodyear Ballpark Volunteer" page on Facebook, and we encourage you all  
to "Like" if you have ever volunteered with us. Goodyear Ballpark will be updating these  
sites with upcoming events, games, promotions, and more. Pictures from many events  
will be uploaded into albums on Facebook, and you may "Tag" yourself in any photo in  
which you happen to appear. Help us get the word out about Goodyear Ballpark's new  
Facebook and Twitter pages by telling friends and family to "Like" or "Follow" us as well. 🍷

## Goodyear Ballpark Volunteers Needed



Calling all volunteers! Goodyear Ballpark is seeking volunteers to assist with game  
day operations during Spring Training season, from mid-February through March.  
Positions include ticket takers, ushers, and Guest Services personnel. Volunteers  
are asked for at least a five-game commitment each season, and will be provided  
a ballpark shirt, hat, customer service training, and a food voucher for each game  
worked. To apply, visit [www.goodyearaz.gov/ballpark](http://www.goodyearaz.gov/ballpark) and click on "Volunteers."

For more information, call Ballpark Operation at 623-882-3120. 🍷

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Executive Editor:  
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Nora Fascenelli  
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Michael Leone

# City of Goodyear Events, Classes, and Sports Winter 2010-2011

## Special Events

### City Market

Goodyear's outdoor farmer's market has become a West Valley favorite. Enjoy an outdoor stroll as you shop for produce, specialty foods, unique gifts, crafts, pet novelties, and creations by local artists. Bring the family for a perfect autumn outing and some early holiday shopping. City Market takes place at the Goodyear Ballpark, 1933 S. Ballpark Way, one Saturday of every month, October through May (not held during March during Spring Training). Vendor applications are accepted year-round. If you are interested in more information, please contact Amy Shahenian at 623-882-7603.

Dates: November 6, December 4, 2010  
January 8 (2nd Saturday), February 5, 2011  
Times: 10 a.m. to 2 p.m.  
Location: Goodyear Ballpark, Estrella Parkway, south of Yuma Road  
Price: FREE, free parking



### 4th Annual Wag & Tag

Pack up your pooch and join the fun at the free Wag & Tag dog party. K9 and obedience demos, raffles, dog related vendors, food, and Best of the Pets contest. Sun Valley Animal Shelter will be on site offering pet adoptions beginning at \$50 and specially priced micro-chipping for just \$25. For information, call 623-882-7603.

Date: November 13  
Times: 10 a.m. to 1 p.m.  
Location: Roscoe Dog Park, 15600 W. Roeser Rd.  
(west of Estrella Parkway, south of MC-85)

### West Valley Senior Games

Events Divisions: Competitive Tennis, Pickleball, Softball, Bocce, Horseshoes, Softball, Swimming. Pre-registration deadline for all events is November 4; late registration until November 11. For more information and a link for registration, please visit the event website at [www.westvalleyrecreation.com/RecExpo.html](http://www.westvalleyrecreation.com/RecExpo.html).

Date: November 20  
Times: 8 a.m. to 2 p.m.  
Locations: PebbleCreek: 16150 W. Clubhouse Drive  
Softball takes place at Goodyear Community Park  
Prices: \$20 per person, per event by November 4  
\$25 per person, per event until November 11

### Upcoming Events at Goodyear Ballpark

Oct. 25 - Nov. 4	time TBA	Men's Senior Baseball League
Oct. 30	5 - 8:30 p.m.	Field of Screams
Nov. 6	10 a.m. - 2 p.m.	City Market
Nov. 6	6 p.m.	Guns 'n Hoses (Police vs Fire) Flag Football Game
Dec. 4	10 a.m. - 2 p.m.	City Market
Dec. 4	5 - 8:30 p.m.	Home Plate for the Holidays
Dec. 11	Spring Training Tickets on Sale	

### Home Plate for the Holidays at Goodyear Ballpark

Celebrate the season with family and friends during the Home Plate for the Holidays event at Goodyear Ballpark, December 4 from 5 to 8:30 p.m. Sing along with choirs from local schools, play in 40 tons of snow, and shop for unique holiday gifts from local arts and crafts vendors. Try out your ice skating skills on the outdoor skating rink! Santa arrives by fire truck and will be available for pictures all evening. Admission and parking are free. A small fee is charged for some activities. For more information, visit [www.goodyearaz.gov/ballpark](http://www.goodyearaz.gov/ballpark). sponsored by





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# Youth Enrichment Classes

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. For more information on registration, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Note: Some classes require registration fees and class fees in addition to the price of the class.

**Winter Registration Begins November 8**

## Refund Policy for All Recreation Programs

If the participant wishes to cancel enrollment or does not participate in a program, the participant must notify the Parks & Recreation Department at least five days before the start of the program to receive a refund. No refunds will be issued less than five days prior to the start of the program or reservation date. There are three refund options: 1) Parks & Recreation Household Account: If the customer wants to have the refund posted to his/her account, a credit for the amount that was paid minus the online convenience fee charge will be issued. This amount must be used within one year of the issue date. 2) Check Refund: If the customer paid by cash or check and would like a check issued from the City Finance Department, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid. A check will be mailed within two weeks. 3) Credit Card Refund: If the customer paid by credit card and would like to credit his/her credit card, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid minus the online convenience fee charge. A credit card refund will be issued within three days.

## ABCs & 123s (3 - 5 yrs)

This preschool class is a fun alternative for children who are not yet in preschool or kindergarten, but ready to be introduced to a school-oriented atmosphere. Participants will be involved in activities involving letter and number recognition, shapes, colors, seasons, and other basic preschool principles. Physical exercises, arts & crafts, story time, Spanish, safety topics, snacks, games, and songs will also be part of this curriculum. Children must be potty trained. Parents are welcome to stay with children until they are comfortable. However, this class is geared to lead children to independence from parents and encourage them to engage in class activities with their new friends. By Mary Shouse, City of Goodyear. Min/Max: 6/12.

Days: Tuesdays and Thursdays  
 Dates: Fall Session 3: October 19 – November 18  
 Winter Session 1: November 30 – December 30  
 Winter Session 2: January 4 – February 3  
 Winter Session 3: February 8 – March 10  
 Times: 9:30 to 10:30 a.m. (1 hr.)  
 or 9:30 a.m. to 12 p.m. (2½ hrs.)  
 Location: Goodyear Community Center  
 Prices: \$60 (\$75 non-resident) 1 hr.  
 \$120 (\$150 non-resident) 2½ hrs.



## Babysitting (10 - 18 yrs)

This community education and safety program covers child safety and basic care techniques for infants and children. This course provides fundamental information for home, childcare workers, or babysitters. Topics include: Pediatric CPR & First Aid, feeding, burping, and diapering. Participants will receive a workbook along with a two-year certification card. Please bring a sack lunch as we will be taking a break to eat. Find more information at [www.crosslifeline.com](http://www.crosslifeline.com), call 1-866-508-7234, or e-mail [learn CPR@crosslifeline.com](mailto:learn CPR@crosslifeline.com). One day class. By Cross' Lifeline Emergency Training. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$40 made payable to Cross' Lifeline Emergency Training, is due first day of class. Min/Max: 6/20.

Dates: November 13, 2010; January 8, March 5, 2011  
 Times: 9 a.m. to 1 p.m.  
 Location: Fire Station 183, conference room  
 Prices: \$45 (\$50 non-resident)



## Crossfit Kids (5+ yrs)

Our goal for Crossfit Kids at Fury is broad, inclusive, general fitness wrapped in fun. That means we want to help your kids become healthier and more fit, while learning to enjoy playing the sport of fitness. This involves teaching kids to grow up knowing how to move safely, eat healthy, and challenge their limits. We will work on skill movements, efficient exercise and an active game in each class. Our goal is BIG FUN and we want your kids to be a part of it. There are two classes: Kids-Elementary held on Thursdays at 5:30 p.m. and Saturdays at 8:15 a.m. (30 minutes). Advanced class is held on Mondays at 5:30 p.m. and Thursdays at 6 p.m. (45 minutes). For more information and to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call 623-932-4338.

## Dance

By Steppin' Out Performing Arts  
[www.steppinoutperformingarts.com](http://www.steppinoutperformingarts.com)  
 e-mail: [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com)

### Ballet/Jazz Combo (3 - 5 yrs)

In this class, children will receive a well-rounded introduction to dance. Using stories, props, and fun music, your child will learn ballet, jazz, and tumbling skills. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 2: October 20 – November 24; 6 weeks  
 Winter Session 1: January 12 – February 16; 6 weeks  
 Winter Session 2: March 2 – April 6; 6 weeks  
 Times: 11:30 a.m. to 12:15 p.m.  
 Location: Steppin' Out Performing Arts Studio,  
 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session

### Ballet/Tap Combo I (3 - 4 yrs)

### Ballet/Tap Combo II (5 - 7 yrs)

This class is an exciting introduction to ballet, tap, creative movement, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Mondays  
 Dates: Fall Session 2: October 25 – November 29; 6 weeks  
 Winter Session 1: January 10 – February 28; 6 weeks  
 (no class January 17 or February 21)  
 Winter Session 2: March 7 – April 11; 6 weeks  
 Times: 3 to 3:45 p.m., Ballet/Tap Combo I  
 4 to 4:45 p.m., Ballet/Tap Combo II  
 Location: Steppin' Out Performing Arts Studio,  
 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session

### Cheer/Hip Hop Combo (7 - 12 yrs)

In this energized class, students learn arm movements, tumbling, jumps, and stunts along with some of the newest dance styles, jumps, and tricks. These skills will be combined into cheers, chants, and dances that will be showcased for parents at the end of the 6-week session. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 2: October 20 – November 24  
 Winter Session 1: January 12 – February 16  
 Winter Session 2: March 2 – April 6  
 Times: 7 to 7:55 p.m.  
 Location: Steppin' Out Performing Arts Studio,  
 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session

### Hip Hop/Tap Combo (3 - 5 yrs)

This class is an exciting introduction to hip hop, tap, jazz, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. This class is great for boys and girls! No experience is necessary. Tap shoes required. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 2: October 20 – November 24; 6 weeks  
 Winter Session 1: January 12 – February 16; 6 weeks  
 Winter Session 2: March 2 – April 6; 6 weeks  
 Times: 9:30 to 10:15 a.m.  
 Location: Steppin' Out Performing Arts Studio,  
 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session

### We Can Dance Two (2 yrs)

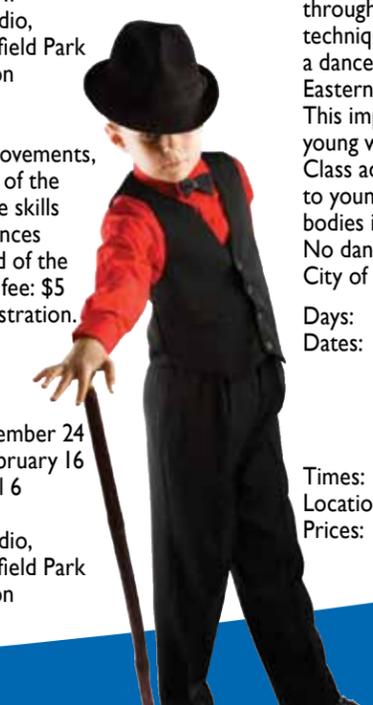
In this class, you will learn to teach your two year old skills that build strength, coordination, flexibility, and large motor skills. Using props, stories, and fun music, your child will gain a positive introduction to dance and tumbling basics. Spend quality time with your child and meet new friends! One adult per child. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 2: October 20 – November 24; 6 weeks  
 Winter Session 1: January 12 – February 16; 6 weeks  
 Winter Session 2: March 2 – April 6; 6 weeks  
 Times: 10:30 to 11:15 a.m.  
 Location: Steppin' Out Performing Arts Studio,  
 13331 W. Indian School Rd.  
 Prices: \$40 (\$50 non-resident) per session

### Dance - Belly Dance for Teens (13 - 17 yrs)

Pomegranate SEEDs (Self-esteem, Empowerment and Education through Dance); young women, ages 13-17, learn belly dance technique, dance history, and improvisational Tribal Style dance – a dance form fusing ancient and modern ethnic dance: Middle Eastern belly dance, flamenco, East Indian, and North African. This improvisational dance generates options and choices to help young women build quick-thinking, self-esteem, and confidence. Class addresses fitness, body image, and self-esteem as it applies to young women – establishing knowledge and honor for their bodies in an age-appropriate manner. Dance and look cool doing it! No dance experience necessary. By Cari Smith of Anaya Tribal, City of Goodyear. Min/Max: 5/20.

Days: Tuesdays  
 Dates: Fall Session: October 26 – December 14; 8 weeks  
 (no class November 2)  
 Winter Session 1: January 4 – March 8; 8 weeks  
 (no class February 8, 15)  
 Winter Session 2: April 5 – May 24; 8 weeks  
 Times: 5 to 6 p.m.  
 Location: Goodyear Community Center  
 Prices: \$60 (\$65 non-resident) per session



# Youth Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Registration may be accepted online or at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page 2 for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

## Winter Registration Begins November 8

## Gymnastics

Estrella Gymnastics  
14190 W. Van Buren St., C106 & C107  
[www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or 623-932-1053  
Prices are per session. Registration fees are due at registration. Class fees are due first day of class.

### Parent Tot Gymnastics (1 - 3½ yrs)

Parents, grandparents, aunt or uncle have fun introducing children to the fun of gymnastics. Qualified and caring teachers will guide you to help your child accomplish skills on balance beam, bars, tumbling and trampoline in a bright, clean preschool environment. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com).  
Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident).  
Class fee: \$40 made payable to Estrella Gymnastics.

Days: Tuesdays or Thursdays  
Dates: Fall Session 3: November 8 – December 13; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 8:30 to 9:10 a.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$50 (\$60 non-resident) per session

### Preschool Gym 'N' Learn (3 - 4 yrs)

Join Estrella Gymnastics this year for the Valley's most unique preschool program. 3 - 4 year olds participate twice weekly in age-appropriate academic activities and two 35-minute gymnastics classes. Classes are taught by fully credentialed Pre-K – 8 teachers and Estrella Gymnastics' certified coaching staff. Classes will continue month to month and follow the local school year. To register or find more information, please visit [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Registration fee: \$10 (\$20 non-resident). Class fee: \$85 made payable to Estrella Gymnastics.

Days: Tuesdays and Thursdays  
Dates: \$85 per month, starting December 1  
Times: 10:30 a.m. to 12 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$95 (\$105 non-resident)



### Adaptive Gymnastics (3 - 10 yrs)

Movement learning for children ages 3-10 with autism, ADHD, Asperger's Syndrome, learning disability and other related needs. Gymnastics is a fun and unique way for children with special needs to experience movement and develop gross motor skills. Sessions are taught by a certified recreational therapist (CTRS). All activities are structured and adapted for the child's special needs. Sessions are modified to facilitate success while challenging enough to provide motor skills development. Small group or individual lessons are available. Contact instructor to schedule free placement assessment. For more information, e-mail [djsbonik@aol.com](mailto:djsbonik@aol.com). Six weeks. By Dawna Sterner, CTRS. Min/Max: 2/6. Registration fee: \$5, is due at the time of registration. Class fee: \$120 (\$180 non-resident) made payable to Dawna Sterner, is due first day of class.

Days: Thursdays  
Dates: Fall Session 3: November 11 – December 16; 6 weeks  
Winter Session 1: January 6 – February 10; 6 weeks  
Winter Session 2: February 17 – March 24; 6 weeks  
Spring Session 1: March 31 – May 5; 6 weeks  
Times: 5:15 to 6 p.m.  
6 to 6:45 p.m.  
6:45 to 7:15 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$125 (\$185 non-resident) per session

### Tiny Stars Gymnastics (3½ - 4 yrs)

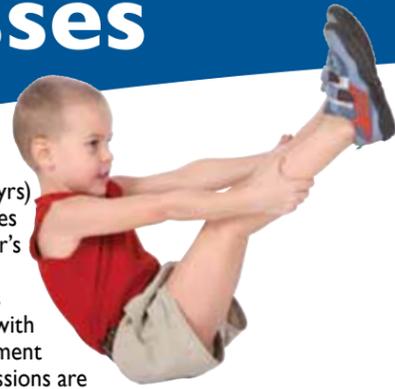
A structured class without parents, introducing students to floor exercise and tumbling, balance beams, bars, trampoline. Qualified and caring teachers will teach age-specific skills. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/10. Registration fee: \$10 (\$20 non-resident). Class fee: \$55 made payable to Estrella Gymnastics.

Days: Mondays or Thursdays  
Dates: Fall Session 3: November 8 – December 13; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 10:15 to 11 a.m. (Thursdays)  
3:45 to 4:15 p.m. (Mondays)  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$65 (\$75 non-resident) per session

### Junior Stars Gymnastics (4½ - 5 yrs)

A structured class without parents, introducing students to floor exercise and tumbling, balance beams, bars, trampoline. Qualified and caring teachers will teach age specific skills. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/10. Registration fee: \$10 (\$20 non-resident). Class fee: \$55 made payable to Estrella Gymnastics.

Days: Mondays or Thursdays  
Dates: Fall Session 3: November 8 – December 13; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 4:30 to 5:15 p.m. (Mondays)  
9:15 to 10 a.m. (Thursdays)  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$65 (\$75 non-resident) per session



### Boys/Girls Gymnastics (7 - 12 yrs)

Structured classes introducing students to all of the basic skills on all of the gymnastics apparatus, including tumbling, vault, bars, balance beam and trampoline. Qualified instructors will ensure that children receive the best instruction to learn the basic skills applying correct and safe technique. Award ribbons will be awarded to all participants. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/15. Registration fee: \$10 (\$20 non-resident). Class fee: \$60 made payable to Estrella Gymnastics.

Days: Mondays  
Dates: Fall Session 3: November 8 – December 13; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 5:15 to 6:15 p.m.  
Location: Estrella Gymnastics,  
14190 W. Van Buren St., C106 & C107  
Prices: \$70 (\$80 non-resident) per session

### Boys/Girls Tumbling (7 - 14 yrs)

Learn all the basics of tumbling, including basic rolls, cartwheels, handstands, walkovers, roundoffs, back handsprings, front handsprings and more. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). Class fee: \$60 made payable to Estrella Gymnastics.

Days: Mondays  
Dates: Fall Session 3: November 8 – December 13; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 4:15 to 5:15 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$70 (\$80 non-resident) per session



### Boys/Girls Gymnastics Sports Acrobatics (6 - 18 yrs)

Participate in the wonderful sport of gymnastics/sports acrobatics. Learn how to combine the artistic elements of gymnastics, dance and acrobatics into group or pair routines. This class is taught by a qualified husband and wife team of instructors who themselves were medal winning competitors in their home town in Germany. They now hope to start a program here in Arizona. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). Class fee: \$60 made payable to Estrella Gymnastics.

Days: Fridays  
Dates: Winter Session 1: January 7 – February 11; 6 weeks  
Winter Session 2: February 18 – March 25; 6 weeks  
Spring Session 1: April 1 – May 6; 6 weeks  
Times: 6:30 to 8 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$70 (\$80 non-resident) per session



### Dance 'N' Tumble (3½ - 4 yrs)

This unique class includes dance followed by tumbling and trampoline in the gym. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). Class fee: \$55 made payable to Estrella Gymnastics.

Days: Tuesdays or Thursdays  
Dates: Fall Session 3: November 8 – December 14; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 4:15 to 5:15 p.m.  
Location: Estrella Gymnastics,  
14190 W. Van Buren St., C106 & C107  
Prices: \$65 (\$75 non-resident) per session



### Dance 'N' Tumble (4 - 6 yrs, 7 - 12 yrs)

This unique class includes dance followed by tumbling and trampoline in the gym. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). Class fee: \$60 made payable to Estrella Gymnastics.

Days: Tuesdays  
Dates: Fall Session 3: November 9 – December 14; 6 weeks  
Winter Session 1: January 4 – February 8; 6 weeks  
Winter Session 2: February 15 – March 22; 6 weeks  
Spring Session 1: March 29 – May 3; 6 weeks  
Times: 4:15 to 5:15 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$65 (\$75 non-resident) 4 - 6 yrs, per session  
\$70 (\$80 non-resident) 7 - 12 yrs, per session

### Kick 'N' Tumble (4 - 12 yrs)

This new class includes 30 minutes of karate and 30 minutes of tumbling and trampoline taught by our qualified coaches. Students will develop strength, flexibility, coordination and self-discipline. Class will be divided into 4-6 and 7-12 year old age groups. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com). Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). Class fee: \$55 made payable to Estrella Gymnastics.

Days: Mondays and Wednesdays  
Dates: Fall Session 3: November 9 – December 14; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks  
Times: 4:30 to 5:30 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$65 (\$75 non-resident) per session

# Youth Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Registration may be accepted online or at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page 2 for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

**Winter Registration Begins November 8**

## Martial Arts

### Tae Kwon Do (4+ yrs)

Tiger Cubs (ages 4 - 5 years) learn the basics of Tae Kwon Do: working kicks and blocks, large muscle development, and flexibility. Cubs learn stranger/abduction avoidance and self-defense. Students White Belt and above (ages 6 - 12 years) learn the traditional art of Tae Kwon Do from an ITA certified instructor. This program includes training in moves, forms, self-defense, flexibility, strength, and conditioning. The classes also focus on learning the seven tenants: honor, courtesy, integrity, perseverance, self-control, courage, and community. White and Yellow Belts are beginning students; Green Belts and above are advanced students. Uniform is required; first uniform will be provided; additional can be purchased. Jiu-jitsu classes are also available. By Karl Kurtz. Register with Karl Kurtz at 725 N. Central Ave., Avondale. For information, call 623-210-9740.

Days: Ongoing classes are 5 days a week.  
Recommended: 2 to 4 classes per week.

Times: Tiger Cubs  
Wednesdays, Fridays: 5 to 5:30 p.m.  
Saturdays: 11:30 a.m. to 12 p.m.

Jr. White and Yellow Belts  
Mondays: 5 to 5:50 p.m.  
Wednesdays, Fridays: 5:30 to 6:20 p.m.  
Saturdays: 10:30 to 11:20 a.m.

Jr. Green Belts and up  
Mondays: 6 to 6:50 p.m.  
Wednesdays: 6:30 to 7:20 p.m.  
Fridays: 5:30 to 6:20 p.m.  
Saturdays: 9:30 to 10:20 a.m.

Adult  
Mondays: 8 to 8:50 p.m.  
Wednesdays, Fridays: 7:30 to 8:20 p.m.  
Saturdays: 12 to 12:50 p.m.

Location: Goodyear Community Center

Prices: Register at Goodyear Taekwondo  
\$45 (\$55 non-resident) per month, Tiger Cubs  
\$60 (\$70 non-resident) per month, White Belts and above  
Starter discount: two-week starter course for \$29 with uniform included. Call for details. Family discounts available.



### Karate for Kids (4 - 14 yrs)

Students will learn the fundamentals of Karate from a certified instructor. Students will gain self-confidence, discipline, strength, and coordination. Fee includes first uniform. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$40 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
Dates: Fall Session 3: November 9 – December 14; 6 weeks  
Winter Session 1: January 3 – February 7; 6 weeks  
Winter Session 2: February 14 – March 21; 6 weeks  
Spring Session 1: March 28 – May 2; 6 weeks

Times: 5:30 to 6:15 p.m. (4 - 6 yrs)  
6:30 to 7:15 p.m. (7 - 14 yrs)

Location: Estrella Gymnastics, 14190 W. Van Buren St., CI06 & CI07  
Prices: \$50 (\$60 non-resident)



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**623.882.3120**

## Music

### Parent Tot Music Time (6 months - 4 yrs)

This class, for ages 6 months to 4 years with parents or caregivers, is a fun, interactive way for families to bring music into their home. Each child and caregiver duo will learn how to play together in ways that will enhance their child's musical and general development. Learn new songs, games, and play music on child-friendly instruments. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15 (one child per caregiver team). Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 2: November 1 – December 6; 6 weeks  
Winter Session 1: January 10 – February 28; 6 weeks (no class January 17, February 21)  
Winter Session 2: March 7 – April 11; 6 weeks  
Times: 5 to 6 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)



### Singing for Little Stars (4 - 7 yrs)

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. They will be given the opportunities to sing in an ensemble setting as well as a soloist. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 2: November 1 – December 6; 6 weeks  
Winter Session 1: January 10 – February 28; 6 weeks (no class January 17, February 21)  
Winter Session 2: March 7 – April 11; 6 weeks  
Times: 4 to 5 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)

### Super Singing (8 - 14 yrs)

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. They will be given the opportunities to sing in an ensemble setting as well as a soloist. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 2: November 1 – December 6; 6 weeks  
Winter Session 1: January 10 – February 28; 6 weeks (no class January 17, February 21)  
Winter Session 2: March 7 – April 11; 6 weeks  
Times: 6 to 7 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)

### Guitar for Little Hands (4 - 7 yrs)

This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, simplified chords, and how to play simple songs step by step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Students will be required to provide their own guitar for class sessions. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Fridays  
Dates: Fall Session 2: October 29 – December 10; 6 weeks (no class November 26)  
Winter Session 1: January 14 – February 18; 6 weeks (no class January 17)  
Winter Session 2: March 11 – April 15; 6 weeks  
Times: 4 to 5 p.m.  
Location: Fire Station 183, conference room  
Prices: \$70 (\$80 non-resident)

### Piano for Little Hands (4 - 7 yrs)

Musical skills will be taught such as proper hand positions, posture, note-reading, and technique. Students will learn how to play popular age-appropriate songs step by step. No prior experience is required. Student will be required to provide their own keyboards for class sessions; full-size weighted keys are preferable. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Fridays  
Dates: Winter Session 1: January 14 – February 18; 6 weeks  
Winter Session 2: March 11 – April 15; 6 weeks  
Times: 5 to 6 p.m.  
Location: Fire Station 183, conference room  
Prices: \$70 (\$80 non-resident)



# Youth Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Registration may be accepted online or at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page 2 for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

### Winter Registration Begins November 8

## Music continued

### Beginning Youth Guitar (8 - 14 yrs)

This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, basic chords, and how to play simple songs step by step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Students are encouraged to bring an acoustic or classical guitar. If they bring an electric, bring practice amplifiers. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Six weeks. By Phoenix Conservatory of Music. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, due first day of class.

Days: Fridays  
 Dates: Fall Session 2: October 29 – December 10; 6 weeks (no class November 26)  
 Winter Session 1: January 14 – February 18; 6 weeks  
 Winter Session 2: March 11 – April 15; 6 weeks  
 Times: 6 to 7 p.m.  
 Location: Fire Station 183, conference room  
 Prices: \$70 (\$80 non-resident)



### Beginning Youth Piano (8 - 14 yrs)

Basic musical skills will be taught such as proper hand positions, posture, note-reading, and technique. Students will learn how to play popular age-appropriate songs step by step. No prior experience is required and notebook and pencil are suggested. Student will be required to provide their own keyboards for class sessions; full-size keyboard with weighted keys is preferable. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Fridays  
 Dates: Fall Session 2: October 29 – December 10; 6 weeks (no class November 26)  
 Winter Session 1: January 14 – February 18; 6 weeks  
 Winter Session 2: March 11 – April 15; 6 weeks  
 Times: 7 to 8 p.m.  
 Location: Fire Station 183, conference room  
 Prices: \$70 (\$80 non-resident)



## School Break Camp

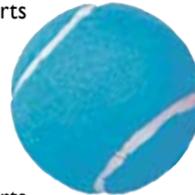
A supervised, drop-in recreation program designed for Goodyear youth, who are enrolling in grades 1 through 6. Trained and experienced staff will provide a variety of fun and educational programs including indoor/outdoor activities, clubs, games, mini-tournaments, big-screen movies days. This fun, educational, and exciting program features on-site activities as a part-time, drop-in format. Important notes: 1) Children may choose to sign themselves in/out at any time during the program hours. 2) Children must bring a sack lunch and/or optional snack. Register online at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or in person at the Goodyear Recreation Office. For more information, please call 623-882-7513. Regular registration begins November 22, 2010 through December 10, 2010 (or until filled).

Dates: Week 1: December 20 – 23  
 Week 2: December 27 – 30  
 Times: 8:30 a.m. to 3 p.m.  
 Location: Centerra Mirage Elementary School  
 Prices: \$32 (\$42 non-resident) per week

## Tennis (3+ yrs)

These classes will be taught by PTR Certified Professional Chris Tolson. During class, participants will use a play base method where half the class goes over strokes and half the class is used to play. This allows all participants to learn the great game of tennis in a fun and friendly environment. For more information, contact [tenniscatolson@cox.net](mailto:tenniscatolson@cox.net) or call 602-295-4445. By Chris Tolson, Tolson Totally Tennis. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$65 made payable to Chris Tolson, is due first day of class.

Days: Mondays  
 Dates: January 3 – March 14; 8 weeks (no class January 17, February 14, February 21)  
 Times: 5 to 6 p.m. (5 - 8 yrs)  
 6 to 7 p.m. (9 - 12 yrs)  
 7 to 8 p.m. (Adults Beginners/Intermediates)  
 Location: Goodyear Community Park, tennis courts  
 Prices: \$75 (\$85 non-resident)



Days: Wednesdays  
 Dates: January 5 – February 23; 8 weeks  
 Times: 5 to 6 p.m. (3 - 8 yrs)  
 6 to 7 p.m. (9 - 12 yrs)  
 Location: Goodyear Community Park, tennis courts  
 Prices: \$75 (\$85 non-resident)

## Zumba Fitness for Teens (and adults)

A fun high-energy fitness dance class incorporating Latin rhythms and movement. Find more information at [www.estrellagymnastics.com](http://www.estrellagymnastics.com) or call 623-932-1053. Six weeks. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$36 made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays  
 Dates: Fall Session 3: November 9 – December 14; 6 weeks  
 Times: 6:30 to 7:30 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$46 (\$56 non-resident)

# Adult Enrichment Classes

## Belly Dance

By Cari Smith of Anaya Tribal, [www.anayatribal.com](http://www.anayatribal.com).

### Beginning Tribal Belly Dance

This class is designed for the beginner. In this session you will learn the foundations of Tribal Belly Dance. Basic improv movements are explored with an emphasis on transitional moves as well as posture, shimmies, and zils (finger cymbals). Min/Max: 5/20.

### Intermediate Tribal Belly Dance

Further your work in group improv with new moves and combos. This class emphasizes posture, zils, the group dynamic as well as drilling beginning moves and shimmies. Please bring finger cymbals (some will be available for purchase in class). Min/Max: 5/20.

### Advanced Tribal Belly Dance

The mystery and danger of sword balancing will be revealed. Basic balancing techniques, safety, proper handling, drills, and combos will be covered in this class. Please bring a yoga mat or towel as well as your balanced sword. Find more information and purchase swords (or swords can be purchased in class) at [www.anayatribal.com](http://www.anayatribal.com). Don't be scared, be mysterious! Min/Max: 5/20.

Days: Tuesdays  
 Dates: Fall Session: October 26 – December 14; 8 weeks (no class November 2)  
 Winter Session 1: January 4 – March 8; 8 weeks (no class February 8, 15)  
 Winter Session 2: April 5 – May 24; 8 weeks  
 Times: 6:15 to 7:15 p.m. (Beginning)  
 7:20 to 8:20 p.m. (Intermediate)  
 8:30 to 9:30 p.m. (Advanced)  
 Location: Goodyear Community Center  
 Prices: \$60 (\$65 non-resident) per session

### Tribal Belly Dance for Teens (13 - 17 yrs) see page 3

## CPR and First Aid Basic (12+ yrs)

The First Aid course teaches recognition of the signs and symptoms of injuries and sudden illness. Learn to deal with emergencies like bleeding, shock, burns, etc. This program meets OSHA and state child care licensing requirements and is consistent with CPR guidelines. Participants receive a two-year certification. Please indicate if you need Healthcare Provider certification. This is a one day class. Find more information at [www.crosslifeline.com](http://www.crosslifeline.com), call 1-866-508-7234, or e-mail [learnpr@crosslifeline.com](mailto:learnpr@crosslifeline.com). By Cross' Lifeline Emergency Training. Min/Max: 6/20. Registration fee: \$5 (\$10 non-resident), is due at registration. Class fee: \$25 made payable to Cross' Lifeline Emergency Training, is due at class.

Dates: November 11, January 19, March 15  
 Times: 6 to 9 p.m.  
 Location: Fire Station 183, conference room  
 Prices: \$30 (\$35 non-resident)

## Crossfit Fury

This class is an introduction to Crossfit, focusing on teaching the mechanics and proper exercise techniques. Each class is 30 minutes long and includes individual instruction, nutrition guidance, and overall support and program design to help you reach your goals. Classes are three days a week on Monday, Wednesday, and Friday at 5 a.m., 6 a.m., 8 a.m., 4 p.m., 5 p.m., 6 p.m., and 7 p.m. For more information and to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call 623-932-4338.



## Fitness Boot Camp (women only)

The Goodyear Adventure Fitness Boot Camp is a four-week outdoor program for all fitness levels that offers motivational training, fun and energizing activities to help you reach your fitness goals along with nutritional guidance, plus a pre- and post-consultation. Gain self-confidence, eliminate body fat, increase muscle tone, improve posture, enjoy weight training, short distance running, PAR courses, stretching, core work, meeting new friends, and more. Find more information at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com) or call 623-210-8233. By Nikola Jane, Certified Personal Trainer, NPTI and Certified Adventure Fitness Instructor, NESTA. Register at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com). Min/Max: 15/30.

Dates: Fall Session 1: October 25 – November 19  
 Fall Session 2: November 22 – December 17  
 Winter Session 1: January 10 – February 4  
 Times: 5 to 6 a.m., 9 to 10 a.m. (M, W, F or M-F)  
 6:30 to 7:30 p.m. (M, W, Th) January 2011  
 Location: Goodyear Community Park  
 Prices: \$299 (5 days) or \$199 (3 days)



## 30-Minute Fitness Blast Boot Camp (coed)

You too can be your own "biggest loser" by getting out, fit and strong with the fitness blast boot camp. This intense four-week program offers a combination of resistance training, cardio, core, and more. Gain self-confidence, shed the fat, tone, and have fun. All fitness levels are welcome. Find more information at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com). By Nikola Jane, Certified Personal Trainer, NPTI and Certified Group Fitness Instructor, NESTA. Register at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com). Min/Max: 15/35.

Days: Mondays and Wednesdays  
 Dates: Fall Session 1: October 25 – November 17  
 Fall Session 2: November 22 – December 15  
 Winter Session 1: January 10 – February 2  
 Times: 7:35 to 8:05 p.m.  
 Location: Goodyear Community Park  
 Price: \$49 (2 days)

## Health Management (women only)

Participants develop tools to create a customized lifestyle change plan for healthier living. Safeway will be available for immunization information and flu shots. Refreshments and childcare provided. For more information, e-mail [bethOTpractice@hotmail.com](mailto:bethOTpractice@hotmail.com) or call 623-251-5882. By Beth Kincaid, MOT, OTR/L, City of Goodyear. Min/Max: 16/30.

Day/Date: Saturday, January 8  
 Times: 8 a.m. to 12 p.m.  
 Location: Fire Station 183, conference room  
 Prices: \$2 (\$12 non-resident)



# Adult Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Registration may be accepted online or at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page 2 for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

### Winter Registration Begins November 8

## Interpreting Your Health (18+ yrs)

Participants learn about common numbers, measures, and terminology regarding their health (i.e. BMI, BP, cholesterol, PT/INR, weight, BS/A1C, and OT). Virus vs. bacteria and why we should know the difference as well as stress management are included. Refreshments provided. For more information, call 623-251-5882 or e-mail [bethOTpractice@hotmail.com](mailto:bethOTpractice@hotmail.com). By Beth Kincaid, MOT, OTR/L, City of Goodyear. Min/Max: 16/30.

Day/Date: Saturday, February 12  
Times: 1:30 to 4:30 p.m.  
Location: Goodyear Community Center  
Prices: \$5 (\$15 non-resident)

## Lifeguard Certification Course (15+ yrs)

Participants will learn the roles and responsibilities of being a professional lifeguard: swimming techniques, in-water and on-land rescue skills, CPR for the professional rescuer, First Aid, communication and decision-making skills. Attendance is mandatory for all sessions and mastery of all skills and materials is required to successfully complete the course. Participants must receive a minimum of 80% on all written tests. CPR re-certification takes place Tuesday, December 28; CRP and Lifeguarding re-certification takes place Wednesday, December 29 from 8 a.m. to 4 p.m. \$35 CPR/\$50 CPR and Lifeguarding. Please call 623-882-7525 for more information. By Jerolyn Webb. Min/Max: 5/10. Registration fee: \$40 (\$50 non-resident), is due at the time of registration. Class fee: \$155 made payable to Jerolyn Webb, is due first day of class.

Dates: Winter Session 2: December 27 – 30  
Times: 8 a.m. to 4 p.m. with one-hour lunch break  
Location: Goodyear Pool  
Prices: \$195 (\$205 non-resident)

## Instant Guitar for the Hopelessly Busy (18+ yrs)

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class fee includes workbook and practice CD. Find more information at [www.instantguitarnow.com](http://www.instantguitarnow.com). Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class.

Dates: December 4, January 13  
Times: 1 to 3:30 p.m. (December 4)  
6:30 to 9 p.m. (January 13)  
Location: Fire Station 183, conference room  
Prices: \$52 (\$57 non-resident)



## Instant Piano for the Hopelessly Busy (18+ yrs)

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. As seen on the PBS television program, "Piano in a Flash." Class fee includes workbook and practice CD. Find more information at [www.craiginstantpiano.com](http://www.craiginstantpiano.com). Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class.

Dates: December 4, February 1  
Times: 9 a.m. to 12 p.m. (December 4)  
6:30 to 9:30 p.m. (February 1)  
Location: Fire Station 183, conference room  
Prices: \$52 (\$57 non-resident)



## KickFit Cardio (14+ yrs)

Get fit with this fast calorie burning exercise for all levels of fitness. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Six weeks. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$36 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
Dates: Fall Session 3:  
November 8 – December 15; 6 weeks  
Times: 7:30 to 8:30 p.m.  
Location: Estrella Gymnastics,  
14190 W. Van Buren St., C106 & C107  
Prices: \$46 (\$56 non-resident)

## Canyon Fit Club (18+ yrs)

Join Canyon Fit Club's weekly exercise group. Here you can workout with a group of people to some of the hottest in-home fitness DVD workouts such as P90X, Slim in 6, Insanity, Power 90, Turbo Jam, Body Gospel, 10 Minute Trainer, and more! The purpose of this group is to keep you motivated to stick to your exercise routine and meet like-minded friends! All you need to bring is a bottle of water, towel, and a desire to burn some calories. A nutritional consultant will be available to provide guidance on losing weight and getting in shape. For more information, call 928-225-0206, e-mail [taminicholson@live.com](mailto:taminicholson@live.com) or visit [www.canyonfitclub.com](http://www.canyonfitclub.com).

Days: Thursdays, ongoing excluding holidays  
Times: 7 to 8 p.m.  
Location: Goodyear Community Center  
Price: Free

**Tae Kwon Do** see page 6

**Zumba Fitness** (adults and teens) see page 8

# Adult Sports

## Adult Sports Winter '10-'11 Registration

Registration for winter adult sports begins in December and continues until registration deadlines. Registration is by lottery on the dates and times determined by team priority. Adult sports programs register as teams, not as individuals. There is no online registration. Forms are available at the City of Goodyear website, [www.goodyearaz.gov](http://www.goodyearaz.gov), at the Parks and Recreation Office, or can be e-mailed to team managers.

## Adult Sports

Our adult sports programs offer excellent recreational opportunities for Goodyear residents age 18 years and older. Emphasis is placed on healthful competition in a recreational atmosphere. Leagues are organized, conducted, and administered by a professional staff with expertise in league formation and equal competition in order to offer the best recreational experience possible.

The registration fee pays for: officials/umpires, trophies/plaques or gift cards for first and second place league finishers, award shirts for first and second place tournament finishers, uniforms (Little League), game balls, equipment, marketing/advertising, lights, maintenance, field supervisors, and score keepers.

## Flag Football

Goodyear Adult Sports offers only one season of Flag Football in the winter. The league plays on Monday evenings from 6 p.m. to 10 p.m. Goodyear Flag Football is an 8-on-8, non-contact sport.

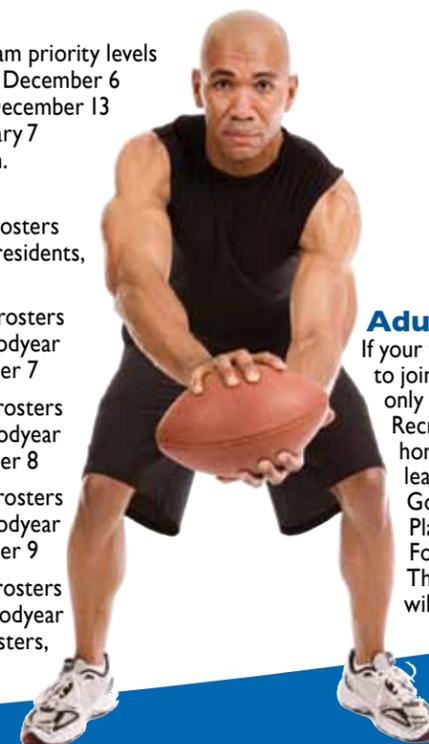
Next Flag Football season will be in the winter 2012 with registration taking place December 2011. Min/Max: 6/8 teams to run a league; 12/16 players on a roster.

Mandatory managers meeting will take place at the Goodyear Recreation Office, January 13, 2011 at 6:30 p.m. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Dates: January 17 – March 28  
Times: Games start at 6 p.m.  
Location: Falcon Park

Registration: Registration is based on team priority levels  
Priority registration begins December 6  
Open registration begins December 13  
Registration deadline: January 7  
Fees are due at registration.  
One check per team!

Prices: Priority 1: \$375 for teams/rosters that have 100% Goodyear residents, register December 6  
Priority 2: \$400 for teams/rosters that have 75% or more Goodyear residents, register December 7  
Priority 3: \$425 for teams/rosters that have 50% or more Goodyear residents, register December 8  
Priority 4: \$450 for teams/rosters that have 25% or more Goodyear residents, register December 9  
Priority 5: \$475 for teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register December 10



## Softball

Due to the heavy volume of requests for league play at the Goodyear Community Park, registration will be determined by lotteries. Lottery authorized representatives must be present for the lottery related to his or her team roster. The deadline for submitting a roster is Friday, December 3. Any incomplete rosters received or submitted after the above deadline will disqualify you for participation in the lottery. Adult softball lottery drawings will be held on Saturday, December 11. Leagues will be awarded by priority. If any slots remain unclaimed after the lottery, registration will be taken on a first come, first serve basis.

Next Softball season will be summer 2011 with registration in April 2011. Min/Max: 6/8 teams to run a league; 12/16 players per roster.

Mandatory managers meeting will take place at the Goodyear Recreation Office, January 6, 2011 at 6:30 p.m. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Days: Sunday: Adult "Co-Rec" dh, sh  
Monday: Men's "D" dh  
Tuesday: Men's "D" dh  
Wednesday: Men's "D" dh  
Thursday: Men's "C" dh  
Friday: Adult "Co-Rec" dh  
(dh = doubleheader, sh = singleheader)

Dates: January 9 – April 1  
Times: Monday – Friday games start at 6 p.m.  
Sunday games start at 5 p.m.  
Locations: Goodyear Community Park and Falcon Park  
Registration: Registration is based on team priority levels  
Priority registration takes place December 11  
Open registration begins December 13  
Registration deadline: December 30  
Fees are due at registration; one check per team.

Prices: Priority 1: \$400 (dh), \$225 (sh) teams/rosters that have 100% Goodyear residents, register December 11, 9 a.m.  
Priority 2: \$425 (dh), \$250 (sh) teams/rosters that have 75% or more Goodyear residents, register December 11, 9:45 a.m.  
Priority 3: \$450 (dh), \$275 (sh) teams/rosters that have 50% or more Goodyear residents, register December 11, 10:30 a.m.  
Priority 4: \$475 (dh), \$300 (sh) teams/rosters that have 25% or more Goodyear residents, register December 11, 11:15 a.m.  
Priority 5: \$500 (dh), \$325 (sh) teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register December 11, 12 p.m.

## Adult Player Free Agents

If your team needs a few more players or if you are an individual looking to join a team, use our Free Agent list. Free Agent lists are available only to registered team managers in person at the Goodyear Recreation Office. To add a player, e-mail your name, age, address, home phone, work phone, cell phone, skill level, positions played, league and night of play you are interested in, and proof of Goodyear residency. You must be at least 18 years of age. Player Free Agent forms are distributed to Basketball, Flag Football, Sand Volleyball, and Softball managers. There are no guarantees that you will be placed on a team.



# Youth Sports

## VOLUNTEERS NEEDED FOR YOUTH SPORTS!

Be a volunteer coach or team parent in our award-winning youth sports program. You must be at least 18 years of age; complete an application at the Recreation Office, 3075 N. Litchfield Rd.; attend the mandatory coaches meeting; and adhere to the Coach's Code of Conduct.



## Girls High School Fast Pitch Softball League

This program helps to improve skills and prepare for school competition for girls ages 15 - 18. Register your team at Goodyear Parks and Recreation November 8 - 19, 2010. Games are held at Goodyear Community Park and Falcon Park. Games are double-headers starting at 6 p.m., Monday - Thursday and Saturday mornings. Register and download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec). The cost to register a team is \$400. For more information, call 623-882-7536.

## Tee-Ball Skills Clinic (4 - 6 yrs)

This is an introductory skills clinic for boys and girls to teach the fundamentals of baseball in a fun, non-threatening environment, while preparing children to play organized tee-ball, baseball and softball. This clinic will include throwing, catching and fielding balls, running the bases and hitting off of a tee. Children should wear tennis shoes or non-metal cleats and bring their own glove and water bottle. Parent participation is required. This is not a league. Register online at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or in person at the Goodyear Recreation Office. No refunds issued after January 17, 2010. Participant's ages determined as of first class date. First time participants must show proof of age in the form of a birth certificate. Max: 16. Next Tee-Ball League: Spring 2011. Early registration for Little League begins December 2010. League starts in March 2011.

Days/Dates: Saturdays, beginning January 22, 2011; 6 weeks  
Times: Session 1: 8:30 to 10 a.m.  
Session 2: 10:30 a.m. to 12 p.m.

Locations: Goodyear Community Park, Falcon Park

Early Registration: November 29, 2010 - January 8, 2011 (or until filled)

Prices: \$50 (\$60 non-resident)

Regular Registration: January 4 - 20, 2011

Prices: \$60 (\$70 non-resident)

## Youth Cheerleading Squad (7 - 12 yrs)

Volunteer coaches work with youth on the latest in cheerleading chants, cheers, and dances. Participants will perform at assigned Flag Football games that begin in January. An additional uniform \$40-60 fee will be required. The program provides young cheerleaders a fun and exciting opportunity to engage in continuous cheer action while learning lessons in teamwork. Register at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or in person at the Goodyear Recreation Office. First time participants must show proof of age in the form of a birth certificate. A participant's age must fall within the specified age range as of 1/8/2011. A mandatory head coach's meeting for the Goodyear Youth Cheer program will take place at the Goodyear Recreation Office on Monday, November 29, 2010, at 6:30 p.m.

Games: Saturdays, January 8 - March 5, 2011 (8 games)

Times: Games are scheduled from 8 a.m. to 2:30 p.m.

Locations: Goodyear Community Park, Goodyear Ballpark, Falcon Park

Practices: Squad practices begin the week of December 6, 2010

Registration: October 18 - November 21 (or until filled)

Prices: \$60 (\$70 non-resident)  
Separate \$40-\$60 uniform fee applies; participants must attend one fitting day: Tue. 11/16 or 11/23, 6 to 7:30 p.m.



## Dive Team

### Dive Team - Beginner to Intermediate (5+ yrs)

A "Safety First" approach to beginning divers as they learn the proper way to execute a front approach, front take-off, back take-off, front dives, back dives, inward dive, somersaulting, tuck, pike and straight, and proper execution of head-first entries and feet-first entries. Dive numbering system and degree of difficulty for various dives will be covered. Covers physical conditioning, diving gymnastics and on-land drills, underwater and shallow water workout, and board work. Six weeks. By Jerolyn Webb, City of Goodyear. Min/Max: 6/20.

### Dive Team - Advanced to Elite (5+ yrs)

For divers that have already mastered the intermediate skills and are ready to advance to reverse dives, front 1 1/2 somersaults, multiple somersaulting in front, back, reverse, and inward groups, twisting fundamentals, and competition preparation. Covers physical conditioning, diving gymnastics and on-land drills, underwater and shallow water workout, and board work. Six weeks. By Jerolyn Webb. Min/Max: 6/20.

Dates: Fall Session 3: November 2 - December 11; 5 weeks (no class November 20, 25, 27)

Winter Session 1: January 11 - February 19

Winter Session 2: February 22 - April 2

(no class March 3 or 5)

Times: 6 to 7 p.m. Thursdays (Beginner)

7 to 8 p.m. Thursdays (Intermediate)

6 to 8 p.m. Tuesdays; 12 to 2 p.m. Saturdays (Advance - Elite)

Location: Southwest Valley YMCA (at Litchfield and Thomas roads)

Prices: \$70 (\$80 non-resident) per session

## Flag Football (5 - 12 yrs)

The Flag Football program educates young people about football while emphasizing participation and sportsmanship. Players learn lessons that help them succeed both on and off the field, providing a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork. \$15 jersey fee (reversible and reusable). Register at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or at the Goodyear Recreation Office. First time participants must show proof of age in the form of a birth certificate. A participant's age must fall within the specified age range as of January 8, 2011. A mandatory managers meeting for all volunteer head coaches in the Goodyear Youth Flag Football League will be held at the Goodyear Recreation conference room on November 30, at 6:30 p.m. Mandatory parent's meeting takes place December 4.

Games: Saturdays, January 8 - March 5, 2011 (8 games)

Times: Games are scheduled from 8 a.m. to 2:30 p.m.

Locations: Goodyear Community Park, Goodyear Ballpark, Falcon Park

Practices: Begin the week of December 6, 2010

Registration: October 18 - November 5, 2010: \$60 (\$70 non-resident)

November 6 - 28: \$70 (\$80 non-resident) until filled



## Little League

Little League Baseball/Softball is a program of service to youth who reside in the City of Goodyear. It is geared to provide an outlet of healthful activity and training under good leadership in the atmosphere of wholesome community participation. The movement is dedicated to helping children become good and decent citizens. It establishes the values of teamwork, sportsmanship and fair play. Little League is a heritage to be carried forward proudly in to the future!

Leagues: Opening Day: Saturday, April 2 for Tee-Ball, Farm, Cactus, Minor's, and Major's Baseball, and Softball. May 2011 for Junior's, Senior's, and Big League Baseball and Softball

Season: Tee-Ball and Farm: April 2 - May 25

Cactus, Minors, Majors and Juniors: April 2 - June 25

Times: Monday - Thursday games start at 5:30 p.m.

Saturday games start at 8 a.m.

Locations: Falcon Park, Foothills Community Park, Goodyear Ballpark, Goodyear Community Park

Dates:

Early Registration (\$10 off fee) December 6 - 17

Holiday Break Registration December 20 - 30

Registration January 3 - 28

Last Blast Registration January 29

Late Registration (add \$10 to fee) January 31 - February 5

Last Day to Register February 5

Tryouts February 5

Player Draft/Team Placement February 7 - 12

Practice Begins March 1

Little League Day at the Ballpark March (date TBD)

Opening Day April 2

Team/Individual Pictures April (date TBD)

Red & Blue Game June (date TBD)

TOC Tournament June 1 - 25

All-Star Selection June 15

Saturday registrations are scheduled for specific weekends in December and January. Please visit [www.eteamz.com/gyll](http://www.eteamz.com/gyll) for more information on dates, times, and locations. January 29 registration will take place at the Goodyear Parks & Recreation Office from 9 to 11 a.m.

Special requests for manager's, coaches, neighborhood placement, and player placement on specific teams, are not guaranteed.

After registration and tryouts, you will be contacted by a Goodyear Little League representative via e-mail the week of February 14 regarding player team placement from your coach. Please visit [www.eteamz.com/gyll](http://www.eteamz.com/gyll) for more information on dates, times, and locations regarding tryouts per age division. Practices will begin in March; dates, times and locations will be determined by coaches.

## Challenger Little League (5+ yrs)

The Challenger Division of Little League is a program for mentally and physically disabled youth to enjoy the full benefits of Little League. Whenever possible and with reasonable accommodations, disabled youngsters should participate in unrestricted league play provided their participation is possible and fair within the standard rules and regulations. More than the skills of baseball learned through the experience, the value of the Little League Challenger Division is found in the proven therapeutic and socialization benefits of participating in sports, the strengthening of the participants' self-esteem, the opportunities to mainstream into other divisions of play, and the disciplines of teamwork, citizenship and fair play; hallmarks of the Little League program. 8 games, 90 minutes long.

Days/Dates: Wednesdays, April 2 - May 25

Times: Games start at 6 p.m.

Locations: Falcon Park and Goodyear Ballpark

Prices: \$60 (\$70 non-resident)

The following documents are needed in order to register: copy of child's birth certificate, most current tetanus toxoid booster shot records, and three proofs of residency consisting of parents' state ID, electric bill, cable/phone bill, water bill, gas bill or checking account statement that shows name and address. Two utility bills constitute one proof of residency. Visit [www.eteamz.com/gyll](http://www.eteamz.com/gyll) for a complete list of approved residency documents.

Prices:

Tee-Ball \$75 Boys & Girls ages 5 & 6

Farm Baseball \$85 Boy's & Girl's ages 7 & 8

Cactus/Minors/Majors Baseball \$95 Boy's ages 8 - 12

Juniors Baseball \$105 Boy's ages 13 & 14

Minors Softball \$85 Girl's ages 9 & 10

Majors Softball \$85 Girl's ages 11 & 12

Juniors Softball \$95 Girl's ages 13 & 14

Games:

Tee-Ball 10 games Tuesdays & Saturdays

Farm Baseball 12 games Tuesdays & Saturdays

Cactus Baseball 14 games Wednesdays & Saturdays

Minors Baseball 14 games Mondays & Thursdays

Majors Baseball 14 games Mondays & Thursdays

Juniors Baseball 12 games Mondays & Thursdays Inter-league

Minors Softball 12 games Monday - Thursday Inter-league

Majors Softball 12 games Monday - Thursday Inter-league

Juniors Softball 12 games Monday - Thursday Inter-league

Players who would like to move up one age division must attend the mandatory tryout dates for evaluation of skills. Tee-ball participants do not tryout for Farm. Farm, Cactus, and Minors baseball participants who want to play up a division must attend the mandatory tryout. Softball divisions participate in inter-league game play against other local Little Leagues.

Volunteer positions needed for: league officials, managers, coaches, field maintenance, umpires, team parents, concessions, and score keepers. All must fill out a volunteer application.

## Little League Scholarships

Goodyear Little League Scholarships are dedicated to increasing participation rates from our public schools. Goodyear Little League Scholarships provide underprivileged and at-risk teenagers and youngsters the opportunity to participate in baseball and softball leagues. Scholarships give hope and encouragement to youth ages 5 - 18 that may not otherwise recognize their potential by participating in leagues. Because our goals focus on helping a specific group of student athletes, there are criteria for qualifying to receive Goodyear Little League Scholarships.

For more information, e-mail [troy.mickelson@goodyearaz.gov](mailto:troy.mickelson@goodyearaz.gov) or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).



# Adult Activities (50+ yrs)

## Registration Information

If you are new to City of Goodyear Recreation, a household account (each person's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, and a photo ID are required for each adult when setting up a household account. Adults can only register themselves or their spouse for a trip or activity. Please note: non-refundable convenience fees apply to all online transactions. Registration is required for all trips and activities. Registration may be accepted at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday, or online. Not all trips or activities are available for online registration. We cannot accept e-mail or phone registration. Payment is due at the time of registration and will be non-refundable one week prior to trip date. For more information on registration, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Register now for trips through December 2010.

Transportation will be provided for most trips and supplied through a coach bus company or Agua Fria High School District. Wheelchair accessible transportation available upon request.

## Lunch & Bunco

Join us the first Wednesday of every month for lunch and a game of Bunco. The lunch menu will vary each month and feature food from a Goodyear restaurant. You must pre-register: \$5 when you pre-order food, and \$5 at the door for prizes. Bunco is a simple dice game. Rules will be covered. New or experienced players are welcome. This is not a gambling game.

Times: 11 a.m. to 2 p.m.  
Location: Goodyear Community Center  
420 E. Loma Linda Blvd.  
Price: \$10 per event



## Meditative Knitting

Meditative knitting incorporates therapeutic use of repetitive hand movements, rhythmic breathing, and cognitive centering accompanied by soothing music. Participants will experience the benefits of meditation while enhancing knitting skills. Each session includes a healthy snack. All levels of knitters are welcome, open to men and women ages 50 and older. Project materials required. Skill level kits will be available for purchase for Beginner, Intermediate, and Advanced. For more information, call 623-251-5882 or e-mail [bethOTpractice@hotmail.com](mailto:bethOTpractice@hotmail.com). By Beth Kincaid, MOT, OTR/L, City of Goodyear. Min/Max: 8/20.

Days: Fridays  
Dates: Winter Session 1: January 7 – 28, 2011; 4 weeks  
Winter Session 2: February 4 – 25; 4 weeks  
Spring Session 1: March 4 – 25; 4 weeks  
Spring Session 2: April 1 – 22; 4 weeks  
Times: 6 to 7 p.m.  
Location: Fire Station 183, conference room  
Prices: \$20 (\$40 non-resident)

## October 27 – Ghost Tour of the Hotel San Carlos

The Ghosts of Phoenix Tour will guide you on a one-hour walking tour of the Hotel San Carlos, a hotel famous for its paranormal activity. The tour will provide some historical information, along with stories passed down by staff members and past guests. Price includes transportation and guided tour. Min/Max: 20/50.

Times: depart 6 p.m., return 8:45 p.m. Price: \$18

## November 11 – Biosphere 2

Discover real-time research on the future of our planet in the specially designed mini-world. The beautiful trail system takes you on tour that lets you smell our ocean and see a tropical rainforest up close. In addition to escorting you through the upper Biomes, your guide takes you through the basement “technosphere” and into the amazing lungs that help the Biosphere system breathe. Your tour will conclude in the underwater ocean viewing gallery. Price includes bus transportation to Tucson by Via Adventures and tour. You can bring a sack lunch or purchase lunch at the café. The Guided Tour of the biomes is not accessible for wheelchairs, walkers, or strollers. Min/Max: 25/50.

Times: depart 8:30 a.m., return 4:30 p.m. Price: \$35



## November 18 – Arizona Pioneer Living Museum

Visit over 90 acres of an old 1800s town complete with historically accurate reproductions, cowboys, lawmen, and lovely Victorian ladies. See the Opera House where Lilly Langtry sang; look through a rifle port in the actual cabin that survived Arizona's bloodiest range war; enjoy a melodrama; browse through an 1890s dress shop; and much more! All of this, plus a blacksmith shop, ranch complex, sheriff's office and jail. You can bring a sack lunch or eat at Pioneer's Restaurant. Price includes transportation, admission, and trolley ride. Min/Max: 15/25.

Times: depart 9 a.m., return 1:30 p.m. Price: \$12

## December 9 – Classic Cooking

Classic Cooking, [www.classiccooking.net](http://www.classiccooking.net), has provided a delicious holiday menu with Chef/Owner Pascal Dionot. Trained in France, Germany and Spain, Chef Dionot has a background that is among the finest. Experience an entertaining cooking demonstration followed by an elegantly prepared lunch including dessert, wine, and recipes. Price includes transportation, lunch, and one glass of wine. Additional glasses of wine: \$6. Min/Max: 15/30.

Times: depart 9 a.m., return 1:30 p.m. Price: \$43



## December 15 – Zoo Lights

When the sun goes down and the animals go to sleep, the Phoenix Zoo magically transforms into one of the largest holiday lighting events in the southwest with 2.5 million lights and more than 500 custom-made animal and nature light sculptures. Be prepared for lots of walking. Price includes transportation and admission. Min/Max: 50/50.

Times: depart 5:15 p.m., return 8:30 p.m. Price: \$11.50

## December 18 – Petersen House

Danish immigrant Niels Petersen, one of the Valley's pioneer farmers, homesteaded 160 acres south of Tempe in 1871. After years of hard work, he turned the desert land into a sprawling ranch. He also became a leading businessman and community leader of Tempe. In 1892, Mr. Petersen built a spacious two-story Queen Anne Victorian house on his ranch, one of the most elegant homes in the Salt River Valley. It is a striking example of period architecture, with gables, porches, balconies, bay windows and 12-foot ceilings. Interior features include gold-leaf picture railing and hand-stenciled wallpaper borders, and all rooms are furnished to recreate the setting of the past. For more information about Petersen House, go to [www.tempe.gov/petersenhouse/phmhistory.htm](http://www.tempe.gov/petersenhouse/phmhistory.htm). Limited wheelchair access. Price includes transportation and admission. Min/Max: 10/50.

Times: depart 9:15 a.m., return 12:15 p.m. Price: \$5

# YMCA Programs

## Water Fitness Classes (adults)

Take to the water fun and fitness! We offer a variety of aquatic exercise programs for all fitness levels – and you don't have to be a swimmer to participate! The programs, which take place mainly in the shallow water, range from joint range of motion classes to high intensity aerobic classes. Exercising in the water provides a challenging workout in a near weightless and zero-impact environment.

For more information, contact Kristina Campbell at 602-212-5139 or [kcampbell@vosymca.org](mailto:kcampbell@vosymca.org).

Days: Monday – Friday  
Times: 8:30 to 10:30 a.m.  
Location: Southwest Valley Family YMCA  
Prices: Day Pass for City of Goodyear residents \$2.50; 18 yrs and under, \$5; 19+ yrs Member pricing varies



## Learn to Swim Classes (3+ yrs)

Group Swim Lessons are a great way to introduce kids to water safety and basic swim strokes. Lessons are offered year round, with new lessons beginning every month. Lessons are offered twice a week for 4 weeks, with a total of 8 sessions. From parent/child classes that cater to children as young as 6 months old to our most advanced group lessons that help prepare swimmers to move on to a swim team, there is a lesson designed for everyone.

For more information, contact Kristina Campbell at 602-212-5139 or [kcampbell@vosymca.org](mailto:kcampbell@vosymca.org).

Days: Monday – Thursday (monthly)  
Times: 9 to 11 a.m. and 4:30 to 7 p.m.  
Location: Southwest Valley Family YMCA  
Prices: \$40 facility membership, \$75 program membership

## Private and Semi-Private Swim/Dive Lessons (3 yrs - adult)

Private and semi-private lessons are available for children and adults of all ages, at any ability. Semi-private and private lessons are catered directly to participants' needs and skill levels. Learning is often accelerated through the benefit of both one-on-one and two-one instruction.

For more information, contact Kristina Campbell at 602-212-5139 or [kcampbell@vosymca.org](mailto:kcampbell@vosymca.org).

Days: Based on participants/instructors schedule  
Times: Based on participants/instructors schedule  
Location: Southwest Valley Family YMCA

Prices: Private Lessons  
4 lessons facility membership: \$62  
4 lessons program membership: \$93  
8 lessons facility membership: \$116  
8 lessons program membership: \$165

Semi-Private Lessons  
4 lessons facility membership: \$47  
4 lessons program membership: \$70  
8 lessons facility membership: \$89  
8 lessons program membership: \$124

Prices are per child, must enroll two children for a class.

## YMCA Westside Silver Fins (5 yrs - adult)

Year-round United States Swimming (USS) team that competes locally, regionally, and nationally. Based out of both the Southwest Valley Family YMCA and the Glendale YMCA, YMCA Westside Silver Fins offers a competitive program for athletes of all ages. Team members must be able to complete at least 25 yards freestyle and 25 yards backstroke without stopping and be familiar with all four competitive strokes.

Practice days and times vary between the different training groups and athletes are encouraged to set up an appointment to meet with a coach and participate in a trial to determine skill level.

For more information, please visit [www.wsfins.com](http://www.wsfins.com) or contact the Southwest Valley Family YMCA.

Days: Year round program  
Times: Vary by training group, most practices in the evenings  
Locations: Southwest Valley Family YMCA and Glendale YMCA  
Prices: \$35 – 115 depending on training group and YMCA membership status

## Lifeguard Certification Classes (15+ yrs)

Have you ever considered becoming a lifeguard? If so, there's never been a better time to take one of the many lifeguard certification classes offered at the YMCA. Learn how to protect lives and prevent drowning. Must be able to perform certain water skills. CPR, First Aid, Bloodborne Pathogens and Lifeguard Certification are included in training. YMCA and American Red Cross courses are designed to provide the participants with the knowledge and skills needed to be a lifeguard.

For more information, contact Kristina Campbell at 602-212-5139 or [kcampbell@vosymca.org](mailto:kcampbell@vosymca.org).

Dates: January 10 – 15, 2011  
Times: January 10 – 13: 4:30 to 8 p.m.  
January 14: 3:30 to 8 p.m.  
January 15: 9 a.m. to 5 p.m.  
Location: Southwest Valley Family YMCA  
Prices: \$175 facility membership, \$200 program membership

For more information, please contact the Southwest Valley Family YMCA.

2919 N. Litchfield Rd.  
Goodyear, AZ 85395  
623-935-5193  
[www.valleymca.org/southwestvalley](http://www.valleymca.org/southwestvalley)





190 N. Litchfield Rd.  
 www.goodyearaz.gov  
 623-932-3910

### Goodyear Recreation Office

Goodyear Fire Station 183 (#3), 3075 N. Litchfield Rd.  
 Goodyear, Arizona 85395 (north of Thomas Road).  
 Open Monday through Friday, 8:30 a.m. to 5 p.m.  
 Closed weekends and holidays.

Phone: 623-882-7525  
 Fax: 623-882-7533  
 E-mail: gyrec@goodyearaz.gov  
 Website: www.goodyearaz.gov/rec

### City of Goodyear Recreational Facility Locations

- Goodyear Community Park (including tennis courts and skate park)  
3151 N. Litchfield Rd., 623-882-7525
- Goodyear Community Center  
420 E. Loma Linda Blvd., 623-882-7525
- Goodyear Pool  
430 E. Loma Linda Blvd., 623-932-4809
- Goodyear Branch Library  
250 N. Litchfield Rd., Suite 185, 602-652-3000
- Goodyear Ballpark and Recreational Complex  
1933 S. Ballpark Way (Estrella Parkway, south of Yuma Road)
- Falcon Park  
15050 W. Indian School Rd., 623-882-7525
- Foothills Community Park  
12795 S. Estrella Parkway
- Roscoe Dog Park  
15600 W. Roeser Rd. (west of Estrella Parkway, south of MC-85)
- Centerra Mirage Elementary School  
15151 W. Centerra Drive South, 623-772-4800



### Recreational Facility Reservations

Field's and athletic facilities are limited in number. For Court/Field/Plaza/Ramada fees, availability, guidelines, rules, and information, please call Troy Mickelson at 623-882-7536. For Goodyear Community Center and Goodyear Pool fees, availability, guidelines, rules, and information, please call Kristin Byers at 623-882-7525.

Goodyear Community Park Basketball/Volleyball/Tennis Courts:  
 \$5/hour (\$7/hour non-resident)

Falcon Park/Foothills Community Park/Goodyear Community Park  
 Fields: prices are based on your category, please call 623-882-7536.

Goodyear Community Park Plaza: \$25/hour (\$35/hour non-resident)

Goodyear Community Park Ramada:  
 \$35/4-hour minimum resident (\$50/4-hour minimum non-resident)

Goodyear Community Center:  
 Saturday and/or Sunday: \$35/hour (\$45/hour non-resident)

Goodyear Pool: Seasonal. No reservations are being taken at this time.